



Youth Week

British Columbia • May 1-7



TITLE SPONSOR:



FOR MORE INFO
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MAY 1 // FRI

BCYW Kickoff Pizza Parties (12yrs - 18yrs)
 ARC & MRC Youth Centre, 2:30pm - 3:30pm
 Kickstarting BC Youth Week with fun festivities, tasty treats and hot eats at both youth centres! Let's get this PARTY started!!

Laser Tag! (12yrs - 18yrs)
 ARC Arena (dry floor), 4pm - 6pm
 Grab your friends and take over ARC Arena for the ultimate BC Youth Week Laser Tag Showdown. No Registration Required.

MAY 2 // SAT

Skate Jam (All Ages)
 ARC Skate Park, 1:30pm - 4pm
 1:30pm - 2pm
 Beginner Skateboard Lesson - Equipment provided for lessons)
 2pm - 4pm
 Main Event/Competition/Prizes/ Crafts/Free Drinks
 Grab your skateboards/scooters and head over to the ARC Skate Park to join Replay, the City of Abbotsford, Go Play Outside and AYC Staff. We will be kicking off the event with beginners' lessons, followed by our main event: skateboard competition, prizes, crafts and free drinks!

MAY 3 // SUN

Pool Party!!! (12yrs - 18yrs)
 \$2, MRC Pool, 6pm - 8pm
 Don't miss out on the Youth Inflatable Pool Party @MRC! Dive into the fun, make waves, and chill with your friends.

MAY 4 // MON

Karaoke (12yrs - 18yrs)
 ARC & MRC Youth Centre, 2:30pm - 4:30pm
 Join us for an afternoon of fun, music, and unforgettable performances at AYC Karaoke!

Dodge This! 3rd Annual Abby Fire vs Abby PD Dodgeball Matchup
 Colleen and Gordie Howe Gym, 11:45am - 12:20pm
 This Event is for Howe Students only.
 All Howe Students are welcome to join members of the Abbotsford Police Department and the Abbotsford Fire Rescue Service in this ultimate Dodgeball showdown!

Strength for Life (Ages 11yrs - 14yrs)
 \$2, ARC Youth Centre, 4pm - 5pm
 Come try Strength for Life! This youth-friendly class teaches safe strength exercises using bodyweight and light equipment while building confidence, coordination, and healthy habits. Perfect for beginners or active youth looking to stay fit and feel empowered. Register today or drop in!

FREE EVENTS

MAY 1-7, 2026

MAY 5 // TUE

Red Dress Day (12yrs - 18yrs)
 ARC & MRC Youth Centre, 2:30pm - 4:30pm
 Join us at both youth centres to create meaningful artwork and raise awareness about Missing and Murdered Indigenous Women, Girls, and Two-Spirit People.

Wheelchair Basketball (12yrs - 18yrs)
 ARC Youth Centre - 3pm - 5pm
 Roll into the action this BC Youth Week with a fast-paced game of wheelchair basketball at the ARC.

MAY 6 // WED

City Council / Youth Council Gives Back!
 Our City Council and Youth Council will come together to volunteer for meaningful collaboration in partnership with Gleaners, a local not-for-profit organization.

Thank A Youth Worker Social
 Banter Ice Cream, 12pm - 2pm
 We want to thank Abbotsford's amazing Youth Workers by hosting a social at Banter Ice Cream (free ice cream for all Abbotsford youth workers).

Youth Centre Leadership Team Awards (12yrs - 18yrs)
 ARC & MRC Youth Centre, 2:30pm - 4:30pm
 Join us as we celebrate the outstanding Youth Centre Leadership Team with an inspiring awards ceremony honouring their hard work and dedication this year.

MAY 7 // THUR

TEENS CHOICE NIGHT!
 End BC Youth Week with a bang, our centres are staying open late till 6pm!

Murder Mystery (12yrs - 18yrs)
 MRC Youth Centre, 2:30pm - 6pm
 As BC Youth Week wraps up, join us at MRC for a killer finale as we uncover which staff took out the beloved AYC unicorn.

3 on 3 Basketball Tournament (12yrs - 18yrs)
 ARC Youth Centre - Open Gym, 3:15pm - 5:30pm
 Bring your squad and hit the court for the 3 on 3 Basketball Tournament at ARC! Free admission, high-energy games, and bragging rights on the line.

SPONSORS:

