

# Skate for All – FREE Speed Skating Event

## Try Olympic Speed Skating!

Join us for a fun, free skating event where kids and families can try speed skating in a welcoming and beginner-friendly environment. Learn from certified coaches, skate with new friends, and warm up afterward with hot chocolate and treats.

## Event Details

Location: Abbotsford Recreation Centre, 2499 McMillan Rd.

Date: February 4

Time: 4:30–6:30 PM

Ages: All Ages

Cost: Free

## What to Bring

Helmet and gloves (required)

Your own skates if you have them

Free rental skates available on a first-come, first-served basis

This event is part of Speed Skating Canada's **Skate for All** program, presented by **Intact Insurance** and supported by the federal government's Community Sport for All Initiative.

## Pre-registration is required.

Register here:

<https://icereg.ca/#!/events/matsqui-blades-skate-for-all-free-speed-skating-event>

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