



If you believe in dignity,
If you admire determination,
If you value inclusion and inspiration,
then you belong
with Special Olympics.

Join our growing movement
and get involved today with

Special Olympics BC – Abbotsford

Special Olympics BC is dedicated to
enriching the lives of individuals with
intellectual disabilities through sport.



**Special
Olympics**
British Columbia

ABBOTSFORD

Contact us

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SOBC – Abbotsford Local Coordinator

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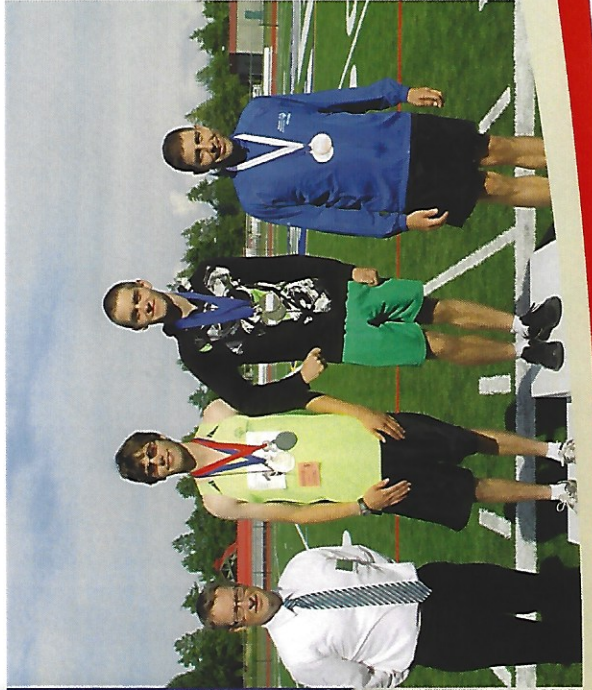
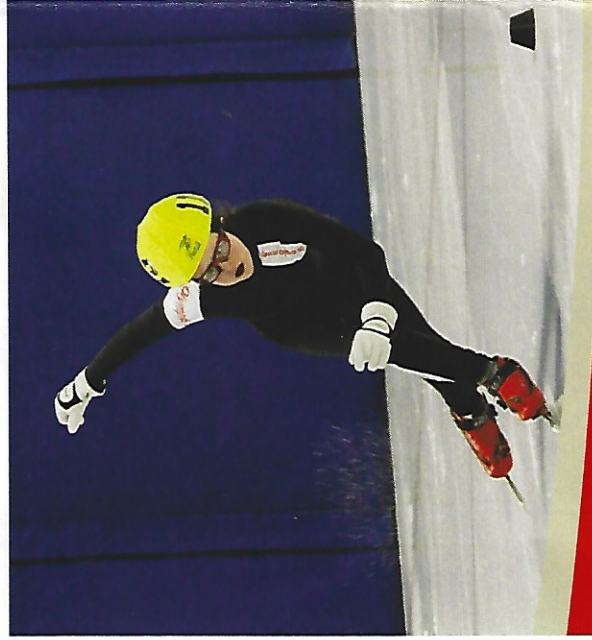


Revealing the champion in all of us



ABBOTSFORD

www.sobcabbotsford.ca
Facebook Special Olympics BC – Abbotsford



Special Olympics BC – Abbotsford offers

year-round sport programs filled with joy, accomplishments, and growth for people with intellectual disabilities and volunteers alike.

Current programs for athletes

- 5-pin bowling
- Active Start/
Fundamentals
- Basketball
- Bocce
- Club Fit
- Curling
- Floor Hockey
- Golf
- Powerlifting
- Rhythmic Gymnastics
- Speed Skating
- Soccer
- Softball
- Swimming
- Track and Field

I think it's made me a stronger person. It's made me see a side of myself I didn't know I had — a competitive side I didn't know existed.

Christel, Special Olympics BC athlete

My favourite thing about being involved with SOBC is the things I've learned from the athletes. The kindness they show to each other, and how they conduct themselves in the community. I feel I have become a better person through being involved with SOBC.

Mike, Special Olympics BC coach

You don't need to know a sport in depth to get involved with Special Olympics BC. You must have compassion, enthusiasm, and a willingness to support athletes with intellectual disabilities.

Please contact us to find out more!

Email abbotsford@specialolympics.bc.ca

There are many ways to get involved

- as an athlete
- as a sport-specific coach
- as an assisting coach
- as a member of the Local Committee
- as a special event volunteer
- and much more

New athletes and volunteers are always welcome – no experience needed!

Special Olympics sports are a lot of fun, plus you meet so many friends. When I first joined Special Olympics, I didn't have a lot of friends, and now I have a lot of friends. I love getting ribbons and medals.

Jordan, Special Olympics BC athlete