

# Whatz Up

@ THE ABBOTSFORD YOUTH COMMISSION

## SUMMER 2024



**FREE!**

### DROP-IN YOUTH CENTRES

Youth ages 12-18 are invited to join us at our fully staffed Youth Centres!

Please check our website to confirm our hours.

### ARC (JULY 2 - AUG 23)

<b>ARC (2499 MCMILLAN RD)</b>	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THUR</b>	<b>FRI</b>
<b>OPEN ON WEEKDAYS JULY 2 - AUGUST 23</b>	12:00-4:30	12:00-4:30	12:00-4:30	12:00-4:30	12:00-4:30

### MRC (JULY 2-5 & AUG 19-23)

<b>MRC (3106 CLEARBROOK RD)</b>	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THUR</b>	<b>FRI</b>
<b>ONLY OPEN:</b> • JULY 2 - 5 • AUGUST 19 - 23	12:00-4:30	12:00-4:30	12:00-4:30	12:00-4:30	12:00-4:30

### LOCATION LOCATION LOCATION



ARC Youth Centre: 2499 McMillan Rd  
Our entrance at ARC is facing the large fields and up a few stairs!

MRC Youth Centre: 3106 Clearbrook Rd  
Our entrance at MRC is near the skating rink, up the red stairs!

AYC's Office: P208 - 33355 Bevan Ave  
We're in the Sweeney Neighbourhood Centre.

## artful moments

Join us every Tuesday this summer as we take time to do mindful art activities. There will be space to chat, create, and share (or not). You can also bring your own small projects to work on. Let's intentionally pause and create our very own ArtFul Moments.

*Tuesdays @ 2:30 - 3:30 pm  
from July 2 - August 20*



**FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE WITH EVERYTHING #AYC!**



**SCAN ME FOR MORE INFO**



**SEE OTHER SIDE FOR THE SUMMER CAMPS + PROGRAMS INFORMATION AND DATES**



Abbotsford Youth Commission  
778-880-8559 | info@abbyyouth.com  
www.abbyyouth.com



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SUMMER 2024

# SUMMER DAY CAMPS



SCAN ME TO  
ACCESS STORE



## HALF-DAY CAMPS

(AGES 12 - 18)

### MINDFUL MORNINGS! - \$30

JULY 2-4, 10AM-12PM [M] ARC YOUTH CENTRE

Start each day with stretching and breathing exercises to set the tone for our mindful activities which will include games, art expression and fun in the great outdoors.

### PROJECT: UPCYCLE - \$75

JULY 22-25, 10AM-12PM [M] ARC YOUTH CENTRE

Join us for an exciting week of thrifting, competing, and creating from unlikely materials—egg cartons, duct tape, T-shirts, and everything in between.

### WATER WORLD - \$50

JUL 29-AUG 1, 10AM-12PM [M] ARC YOUTH CENTRE

Grab your swimsuit and towel and join us for our wet & wild water world adventures. Get ready to make a mid-summer splash!

### GAME OVER! - \$50

AUG 19-22, 10AM-12PM [M] MRC YOUTH CENTRE

End the summer with a big adventure! We'll have treasure hunts and water games all four days!

## FULL-DAY CAMPS

(AGES 12 - 15)

### ENCOUNTER THE ARTS! - \$150

JULY 8-12, 9AM-4PM [M] MRC YOUTH CENTRE

Calling all creatives! Paint the next Mona Lisa, embody a fancy art critic, and become a fashion icon—you name it! This camp will explore all aspects of the arts, from drawing and drama to literature and so much more. We'll end the week with an inspirational out-trip and plenty of unique surprises.

## FULL-DAY CAMPS

(AGES 12 - 15) - CONT.

### LEADERSHIP CHALLENGE - \$150

JULY 15-19, 9AM-4PM [M] ARC YOUTH CENTRE

Youth will learn and practice valuable leadership skills with their peers! We've combined fun, action-packed, hands-on activities into daily leadership challenges. We'll even end the week with an out-trip and lots of cool surprises!

### SUMMER OLYMPICS - \$125

AUG 6-9, 9AM-4PM [M] ARC YOUTH CENTRE

Join us for a week in Paris as we celebrate the Summer Olympic Games! Channel your inner Olympian in this fun-filled week and compete in physical and mental challenges. Do you have what it takes to win gold for your country? We'll end the week with a victorious out-trip and lots of surprises for all participants.

### BEST OF SUMMER CAMP! - \$150

AUG 12-16, 9AM-4PM [M] ARC YOUTH CENTRE

Youth will enjoy a full week of all their favourite games of the summer, including the most liked board games, video games, tournaments, outdoor games, Slurpee runs, swimming and more! We'll even end the week with the teen's choice out trip and lots of cool surprises.

## LIFE SKILL PROGRAMS

### REDCROSS BABYSITTERS

[M] MRC YOUTH CENTRE - \$65

AGES 11 - 15

This Red Cross Babysitters program will teach you the skills to care for infants to school-aged children and help you become a responsible babysitter—a certificate provided upon completion.

July 2 - 4 @ 9:30 - 12 PM

July 22 - 25 @ 10 - 12 PM

July 29 - Aug 1 @ 10 - 12 PM

Aug 19 - 22 @ 10 - 12 PM

### FOODSAFE

[M] MRC YOUTH CENTRE - \$80

AGES 14 - 18

This level one course is for food service front line workers such as bus persons, servers, dishwashers and cooks. FOODSAFE certificate with successful completion.

Friday, April 26 @ 9 AM - 5 PM

Friday, May 17 @ 9 AM - 5 PM

Friday, Aug 16 @ 9 AM - 5 PM



## HOW TO REGISTER FOR OUR PROGRAMS:

1. Go to [www.abbyouth.com](http://www.abbyouth.com) and click "Register Online".
2. On our SmartRec page, make an account under the caregiver's name, the caregiver will become the "Account Owner".
3. Under the caregiver's account, add your youth(s) by clicking "Members" and the "Add Person". Now fill in your youth's information.

4. Once the account is created continue to the registration page to register your youth. Choose the program then click the **blue person icon**, then select your youth as the "Member".

5. Continue to the checkout to fill in the youth's info and payment information.

\*Please contact our office if financial assistance is needed



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